



We pride ourselves on the quality of food we create.

Let us help you take the stress out of organising food for your functions. We have an easy to order menu across a variety of cuisines that can be adjusted to suit all dietary requirements.

You can rely on our range to deliver the highest quality ingredients, all prepared fresh in store, especially for you.

Providing a range of fresh, healthy and delicious food is our bread and butter. We're too proud and caring to provide anything less than perfect to our valued customers.

We cater for private and corporate functions to suit any budget, and guarantee to provide you with delicious food, delivered by our friendly staff to you on time.

We would be delighted to create something special for your event, meeting or function, regardless of size. Please do not hesitate to ask if you have a unique request!



Nourish Box

# **BREAKFAST**

# NOURISH BOX (GF)(V)

#### Includes:

- + Yoghurt, granola, mixed berries (v)
- + Raspberry chia pudding with toasted granola (ve)
- + Mango chia pudding with toasted granola (ve)
- + Seasonal fruit salad (ve)

Small includes 2 varieties

Large includes 4 varieties

**Small** - 8 pieces 22.50

**Large** - 24 pieces 65.00

### MIXED BREAKFAST BOX

#### An assortment of:

- + Muffins
- + Petite danish
- + Mini croissants

Mixed Breakfast Box - 20 pieces

### MUFFINS (V)

Flavours may include:

- + Blueberry
- + Raspberry & white chocolate
- + Chocolate
- + Apple & cinnamon

Minimum 10 serves

Muffin - 2 halves 5.50

# DANISH (V)

Flavours may include:

- + Raspberry
- + Cinnamon Swirl
- + Vanilla Custard
- + Apple

62.00

Minimum 10 serves

Danish - each 3.20

V - Vegetarian VE - Vegan GF - Gluten Free



#### **CROISSANTS**

Fillings may include:

+ Ham, swiss cheese

+ Cheese, tomato (v)

+ Swiss cheese, avocado, tomato (v)

Minimum 10 serves

Mini Croissant - each 4.20
Large Croissant - each 9.50

#### **BREAKFAST SLIDERS**

Mini brioche buns filled with our morning favourites.

Fillings may include:

- + Scrambled egg, bacon, caramelised onion, tomato relish
- + Bacon, egg, cheese, BBQ sauce
- + Mushroom, feta, rocket, caramelised onion (v)

Minimum 10 serves

Breakfast Slider - each 5.00

#### **BREAKFAST TURKISH**

Fillings may include:

Fillings may include:

- + Bacon, egg, smashed avocado, tomato relish
- + Bacon, egg, cheddar cheese, BBQ sauce
- + Mushroom, egg, cheese, spinach, hollandaise (v)

Minimum 10 serves

Breakfast Turkish - each 9.50

#### TOASTED BREAKFAST TORTILLAS

Fillings may include:

- + Bacon, egg, cheddar, spinach, BBQ sauce
- + Bacon, egg, spinach, hollandaise
- + Egg, spinach, cheddar cheese, tomato, hollandaise (v)
- + Mushroom, avocado, potato hash, spinach, tomato relish (ve)

Minimum 10 serves

Toasted Breakfast Tortilla - each 8.20

#### **BREAKFAST BAGELS**

Fillings may include:

- + Bacon, egg, cheddar, BBQ sauce
- + Mushroom, feta, caramelised onion (v)
- + Smashed avocado, feta, balsamic glaze (v)

Minimum 10 serves

Breakfast Bagels - each 10.50

#### **SEASONAL FRESH FRUIT (VE. GF)**

Includes a selection of freshly sliced seasonal fruits

 Small Platter (serves 10)
 48.00

 Large Platter (serves 20)
 85.00

Fruit Salad Individual Snack Size 6.00



Mixed Sandwich Box

# **BREADS**

#### **SANDWICHES**

An assortment of delicious fillings on our white & multigrain breads, cut in quarters for your convenience.

#### Fillings may include:

- + Roast chicken, mayonnaise, fresh salad
- + Roast chicken, coleslaw
- + Ham, fresh salad, tomato relish
- + BBQ pulled beef, fresh salad, honey mustard dressing
- + Egg, lettuce, mayonnaise (v)
- + Avocado, fresh salad, hummus (v)

Minimum 10 serves

Sandwiches - each 7.50

Switch to gluten free bread - per sandwich 1.00

### **GOURMET SANDWICHES**

An assortment of delicious fillings on our artisan seeded sourdough and white ciabatta breads

Fillings may include:

- + Roast chicken, avocado, fresh salad, pesto mayonnaise
- + Smoked salmon, brie, avocado, red onion, rocket, cream cheese
- + Ham, brie, caramelised onion, fresh salad
- + Avocado, cheddar, fresh salad, red onion, beetroot hummus (v)
- + Eggplant, zucchini, pumpkin, roast peppers, feta, lemon aioli (v)

Minimum 10 serves

Gourmet Sandwiches - each 10.00

Switch to gluten free bread

V - Vegetarian

VE - Vegan

GF - Gluten Free



#### **BAGELS**

Fillings may include:

- + Smoked salmon, red onion, rocket, cream cheese
- + Ham, cheddar cheese, tomato, dijonnaise
- + BBQ beef, swiss cheese, dijon mustard, dill pickles
- + Beetroot hummus, grilled pumpkin, grilled eggplant, onion relish, rocket (ve)

Minimum 10 serves

**Bagels** - each 12.00

# **FRESH BAKED BAGUETTES**

Fillings may include:

- + Roast chicken, avocado, fresh salad, pesto mayonnaise
- + Roast chicken, brie, fresh salad, aioli
- + Roast pumpkin, feta, caramelised onion, kalamata olives, rocket (v)
- + Ham, swiss cheese, fresh salad, honey mustard dressing

Minimum 10 serves

**Baguettes** - each 11.00

### **TORTILLA WRAPS**

Fillings may include:

- + Roast chicken, fresh salad, pesto mayonnaise.
- + Tandoori spiced chicken, fresh salad.
- + Ham, fresh salad, mayonnaise.
- + BBQ beef, coleslaw, honey mustard.
- + Falafel, fresh salad, hummus (ve)

Minimum 10 serves

Tortilla Wraps - each 9.20

#### **TOASTED TORTILLA WRAPS**

Fillings may include:

- + BBQ chicken, bacon, cheddar, spinach, mayonnaise
- + Chicken schnitzel, coleslaw, BBQ sauce, aioli
- + Beef meatballs, tomato sugo, spinach, mozzarella, lemon aioli
- + Roast pumpkin, eggplant, capsicum, caramelised onion, spinach, sundried tomato, hummus (ve)

Minimum 10 serves

Toasted Tortilla Wraps - each 12.00

# **TOASTED TURKISH BREAD**

Fillings may include:

Fillings may include:

- + Roast chicken, swiss cheese, avocado, sundried tomato, pesto mayonnaise
- + BBQ chicken, bacon, swiss cheese, spinach, mayonnaise
- + Slow cooked beef, tomato, rocket, caramelised onion, tomato relish, cheddar cheese
- + Pulled pork, ham, dill pickles, swiss cheese, dijonnaise
- + Grilled eggplant, zucchini, pumpkin, roast peppers, feta, lemon aioli  $\langle v \rangle$

Minimum 10 serves

**Toasted Turkish Bread** - each 13.50





#### **BURRITOS**

With avocado and tomato salsa, Cuban rice, mozzarella, spinach, sour cream, sweet chilli sauce

Fillings may include:

- + Roast chicken
- + Slow cooked beef
- + Roasted sweet potato (v)

Minimum 10 serves

Burritos - each 12.50

#### MIXED SANDWICH BOX

Includes an assortment of:

- + Tortilla wraps
- + Baguettes
- + Sandwiches
- + Gourmet Sandwiches

Mixed Sandwich Box - 16 pieces 82.50

#### MIXED MELTS BOX

Includes an assortment of:

- + Burritos
- + Toasted turkish bread
- + Toasted tortilla wraps

Mixed Melts Box - 14 pieces 86.90









Mixed Selection of Hot Food

# **HOT SELECTION**

MINI BEEF MEATBALLS	
Marinated in our chilli & lime sauce	
Served with tomato relish	
Small Platter - approx 67 pieces	55.00
Large Platter - approx 134 pieces	95.00
MINI SPRING POLLS & SAMOSAS (A)(A/S)	

# MINI SPRING ROLLS & SAMOSAS (V)(VE)

Vegetarian mini spring rolls & mini samosas

Served with sweet chilli sauce

Small Platter - 96 pieces	75.00
<b>Large Platter</b> - 192 pieces	130.00

70.00
110.00

### **PARTY ROLLS**

Includes an assortment of house made pastries:

- + Sausage rolls
- + Pumpkin, spinach, four cheese rolls (v)

Served with tomato relish

Party Rolls - 20 pieces 46.00

# **CLASSIC PARTY PASTRIES**

Flavours may include:

- + Sausage rolls
- + Pumpkin, spinach, four cheese rolls (v)
- + Quiche lorraine
- + Spinach, ricotta quiche (v)
- + Mini pies

Served with tomato or BBQ sauce

 Small Platter - 28 pieces
 62.00

 Large Platter - 56 pieces
 105.00



Pizza

#### **PIZZA**

Choose up to two toppings per platter:

Ham, mushroom, spinach, Kalamata olives, mozzarella, oregano

BBQ chicken, smoky BBQ sauce, mozzarella, oregano

Grilled eggplant, feta, roast peppers, spinach, mozzarella, oregano (v)

Fresh tomato, basil & mozzarella (v)

Ham, bacon, pulled pork, onion, mozzarella, BBQ sauce

**60 pieces** 85.00

#### **SLIDERS**

Fillings may include:

- + Beef, cheese, dill pickles, ketchup, mustard
- + BBQ beef, dill pickle, coleslaw, honey mustard dressing
- + Pulled pork, coleslaw, chipotle mayonnaise
- + Grilled mushroom, brie, kale, caramelised onion, pesto (v)

Minimum 10 serves

Sliders - each 5.80

# **QUICHE**

Minimum 10 serves

Quiche lorraine, bacon, mozzarella

Spinach, ricotta quiche (v)

 ${\sf Mediterranean\ vegetable\ quiche\ }(v)$ 

Quiche - each 3.20

#### **PASTA**

Minimum 10 serves

Beef lasagne

Spinach, ricotta lasagne (v)

Pasta - each 5.50

#### **BAKES**

Minimum 10 serves

Served with tomato relish

Zucchini, bacon slice

Roast vegetable frittata (v)(gf)

Bakes - each 3.50

#### **NOODLE & RICE BOXES**

Sweet and Sour Chicken & Rice

Teriyaki Chicken & Rice

Teriyaki Tofu Noodle Stir Fry (ve)

Chicken Curry & Rice

Satay Vegetable Noodle (v)

Noodle & Rice Boxes - each 6.50



# **COLD SELECTION**

# **SUSHI PLATTER**

Fillings may include:

- + Katsu chicken
- + Fresh salmon & avocado (gf)
- + Fresh tuna (gf)
- + Teriyaki chicken (gf)
- + Tuna mayonnaise & cucumber (gf)
- + Carrot & cucumber (gf)(v)

Served with soy sauce, was abi and ginger

Small platter - 36 pieces	76.00
Medium platter - 48 pieces	99.00
Large platter - 60 pieces	115.00
Extra large platter - 72 pieces	135.00
Cocktail size platter - 100 pieces	125.00



Individual Salads

#### **POKE BOWLS**

Miso Salmon Rice - brown rice, edamame, corn, radish, herbs, sesame seeds (gf)

Nourish Bowl - zucchini noodles, broccoli, tofu, pickled cabbage, capsicum, radish, mint (ve) (gf)

 $\label{thm:condition} \mbox{Vegan Rainbow - zucchini noodles, broccoli, edamame, carrot,} \\ \mbox{pickled cabbage, avocado, corn $(\mbox{\it ve})$ $(\mbox{\it gf})$}$ 

Poke bowls - each 6.50

### **FRESH SALADS**

For the healthy minded.

#### Choose from:

- + Broccoli Pesto Pasta Salad (v)
- + Chicken Pesto Pasta Salad
- + Chicken Schnitzel, Avocado & Spinach Salad
- + Cuban Brown Rice (ve)(gf)
- + Greek Salad (v)(gf)
- + Potato & Bacon Salad
- + Quinoa & Roast Vegetable Salad (ve)(gf)
- + Vietnamese Chicken Salad (gf)

Fresh Salad Bowl - Large (serves 10)

52.00

Individual Boxes - Served in 8oz noodle boxes

6.00



Grazing Platters

#### **ANTIPASTO PLATTER**

Includes:

- + Ham
- + Salami
- + Chorizo
- + Grilled Mediterranean vegetables
- + Olives
- + Feta cheese
- + Turkish bread

Small platter 58.00

Large platter 105.00

Gluten free bread available

### **HOUSE MADE DIPS PLATTER** (V)

Made from scratch & served with crunchy vegetables & tortilla chips Includes a selection of dips:

- + Hummus (ve)
- + Beetroot hommus (ve)
- + Semi-sundried tomato (v)
- + Roast capsicum (v)
- + Avocado (v)

Small platter - choose 2 dips 44.00

**Large platter** - choose 4 dips 84.00

Gluten free crackers available

### **GRAZING PLATTER** (V) (GF)

A variety of local & international cheeses, accompanied by a selection of crackers.

Includes:

- + House made dip
- + Marinated olives
- + Mixed dried fruit & nuts
- + Gluten free crackers

Plus, a selection of cheeses:

- + Brie
- + Camembert
- + Blue costello
- + Cheddar

Small platter - 2 cheeses 55.00

**Large platter** - 4 cheeses 100.00

### **SEASONAL FRESH FRUIT** (VE, GF)

Includes a selection of freshly sliced seasonal fruits

Small Platter (serves 10) 48.00

Large Platter (serves 20) 85.00

Fruit Salad Individual Snack Size 6.00





# **SWEET BITES**

# PETITE TARTS (V)

Flavours may include:

- + Apple pie
- + Banana Toffee
- + Fruit tart
- + Custard tart

Petite Tarts - 24 pieces

# SLICES (V)

Flavours may include:

- + Caramel
- + Salted caramel
- + Lemon

85.00

- + Hedgehog
- + Chocolate fudge brownie

Ask about our vegan options

Minimum 10 serves

Slices - each 5.20

V - Vegetarian VE - Ve

VE - Vegan GF - Gluten Free



Petite Tarts

### **GLUTEN FREE SLICES (GF)**

Flavours may include:

- + Chocolate fudge brownie
- + Caramel slice
- + Nutella fudge brownie

Minimum 10 serves

**Gluten Free Slices** - each 5.20

### COOKIES (V)

Flavours may include:

- + Anzac
- + Chocolate chip
- + Double chocolate

Minimum 10 serves

Cookies - each 2.90

# **GLUTEN FREE COOKIES (GF)**

Flavours may include:

- + Cranberry & white chocolate
- + Triple chocolate

Minimum 10 serves

Gluten Free Cookies - each 5.00

# CARROT CAKE (V)

Carrot Cake - 20 pieces	60.00

LOAVES (V)	
Toasted, cut in halves and served with butter	
Banana bread - 2 half slices	6.20
Gluten free banana bread $(gf)$ - 2 half slices	6.40
<b>Orange &amp; almond loaf</b> ( <i>gf</i> ) - 2 half slices	7.00
<b>Date &amp; honey loaf</b> $(gf)$ - 2 half slices	6.40







# **INDIVIDUAL BOXES**

# **BREAKFAST BOXES**

Minimum order of 10

CONTINENTAL 15 ea

2 mini breakfast croissants, mini seasonal fruit salad & granola, half a muffin

BREAKFAST BURGER 15.5 ea

Breakfast slider, mini yoghurt with granola & mixed berries, 2 mini danish

**VEGAN** (*VE*) 14.5 ea

Mini chia pudding with granola & coconut, toasted wrap with mushroom, avocado, potato hash, spinach, tomato relish

MORNING TEA 13 ea

Half a sandwich, mini danish, cookie, mini slice

### **LUNCH BOXES**

Minimum order of 10

SANDWICH 14 ea

Half a sandwich, salad, mini slice

**WRAP** 15.5 ea

Half a fresh wrap, salad, mini seasonal fruit salad & granola, cookie

**SUSHI** (*GF*) 15.5 ea

4 Pieces of fresh sushi, salad, piece of fresh fruit

FALAFEL (VE) 13.5 ea

Half a falafel, hummus and salad wrap, salad, mini chia pudding with granola & coconut

**PASTA** 15.5 ea

House made pasta, salad, mini slice

FINGER FOOD 14.5 ea

Mini beef meatballs, salad, 2 party pies

**FRITTATA** (GF)(V) 13.5 ea

Roast vegetable frittata, salad, mini gluten free slice

**PIZZA** 12.5 ea

Pizza, slider, mini slice

AFTERNOON TEA 16 ea

Half a sandwich, mini croissant, party pie, mini danish, tomato relish



# **GROUP PACKAGES**

#### **RISE & SHINE PACKAGE**

#### Includes:

- + Small seasonal fresh fruit platter
- + Mini croissants x 12
- + Petite danish x 12
- + Orange juice 2L

Rise & Shine Package - serves 12 120.00 10.00 Additional serves - each

### LIGHT LUNCH PACKAGE

#### Includes:

- + Large classic party pastries platter
- + Sandwiches x 10
- + Tortilla wraps x 10

**Light Lunch Package** - serves 20 280.00 Additional serves - each 14.00

# **ITALIAN FESTA PACKAGE**

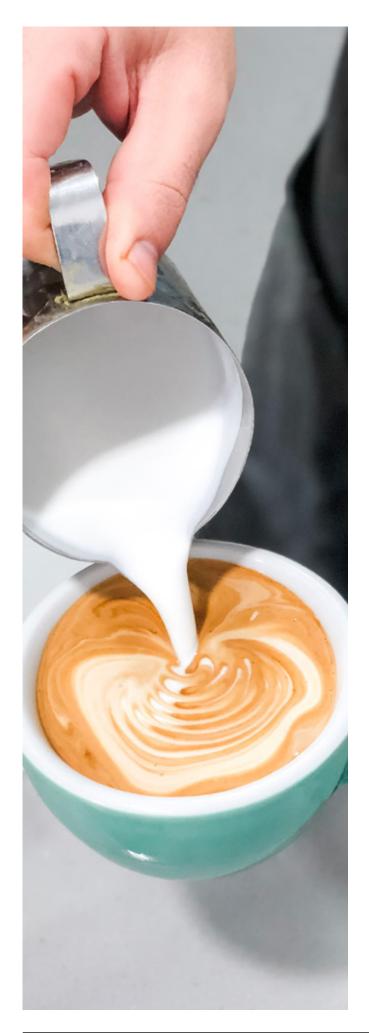
#### Includes:

- + Large antipasto platter
- + Homestyle pasta x 18
- + Traditional pizza platter
- + Fresh salad large bowl

Italian Festa Package - serves 20 340.00 Additional serves - each

17.00





# **BEVERAGES**

**COLD BREW COFFEE** 

2L Cold brew coffee

# **COFFEE & TEA PACKAGE** Single origin batch brew coffee & organic loose leaf tea Minimum 10 guests Coffee & Tea Package - per head 4.20 **COFFEE, TEA & JUICE PACKAGE** Single origin batch brew coffee, organic loose leaf tea & orange juice Minimum 10 guests Coffee, Tea and Juice Package - per head 5.20 **BOTTLED WATER** 1.5L Water 4.00 **ORANGE JUICE** 2L Bottle 8.00 **APPLE JUICE** 2L Bottle 8.00 **SOFT DRINK** 2L Soft drink 6.50

35.00

# **EQUIPMENT & STAFF**

GLASSWARE	
+ Water glasses	1.10
+ Wine & sparkling glasses	1.50
CROCKERY	
+ Serviette & plate (ea)	1.00
+ Tea/coffee (ea)	1.00
CUTLERY	
+ Cutlery - each	1.00
SERVING UTENSILS	
Tongs, knives, serving spoons etc	
+ Serving Utensils - each	1.00
TABLES	
+ Trestle Table - each	29.00
+ Trestle Cover - each	15.00
SERVICE EQUIPMENT	
+ Hot Water Urn - 20 litre	25.00
+ Percolator - 12 cup	17.50
+ Percolator - 100 cup	60.00
+ Chaffer Dish - each	40.00
+ Hot Box - each	200.00
STAFF HIRE	
+ 7am-7pm weekday - per hour	35.00
+ 7pm-7am weekday - per hour	50.00
+ Weekend - per hour	55.00
+ Public Holiday - per hour	60.00

# **TERMS & CONDITIONS**

#### **DELIVERY**

See our website for delivery estimates or contact us for a quote.

Our staff will collect any hired or re-usable items after your function, event or meeting has concluded. Please specify an appropriate time to do so, as we hate to interrupt. If you require any assistance with setting, packing or cleaning up in addition to your catering order, or require delivery outside of these terms, please contact our friendly staff.

#### **ORDER TIMES**

We will always be happy to meet any catering needs you have, however some items may require 48 hours notice to supply. It is advised to place your order as early as possible to ensure we have everything ready for you on the day. If you are unable to place your order in advance please speak to our friendly staff regardless.

We will always be able to assist.

#### **CHANGES / CANCELLATIONS**

We understand your catering requirements may change unexpectedly. Notice of any changes or cancellations must be given 24 hours before the event (48 hours for larger orders). Charges may be applicable due to stock loss or labour charges.

# **BROKEN / MISSING EQUIPMENT**

Any broken or missing equipment will be charged to your account at the cost of replacement.

#### **PAYMENT TERMS**

We accept Credit Card or Direct Debit (EFT) payment. Please contact our friendly staff to arrange payment.



















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